

Full Report (All Nutrients) 02051, Vanilla extract, imitation, alcohol

Report Date:October 25, 2015 15:41 EDT

Nutrient values and weights are for edible portion.

Food Group : Spices and Herbs**Carbohydrate Factor: 3.9 Fat Factor: 8.37 Protein Factor:2.44 Nitrogen to Protein Conversion Factor:6.25**

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 tsp 4.2g	1 tbsp 13g
Proximates						
Water	g	64.46	1	--	2.71	8.38
Energy	kcal	237	--	--	10	31
Energy	kJ	992	--	--	42	129
Protein	g	0.05	1	--	0.00	0.01
Total lipid (fat)	g	0.00	--	--	0.00	0.00
Ash	g	0.22	1	--	0.01	0.03
Carbohydrate, by difference	g	2.41	--	--	0.10	0.31
Fiber, total dietary	g	0.0	--	--	0.0	0.0
Minerals						
Calcium, Ca	mg	0	1	--	0	0
Iron, Fe	mg	0.13	1	--	0.01	0.02
Magnesium, Mg	mg	5	1	--	0	1
Phosphorus, P	mg	22	1	--	1	3
Potassium, K	mg	98	1	--	4	13
Sodium, Na	mg	4	1	--	0	1
Zinc, Zn	mg	0.06	1	--	0.00	0.01
Copper, Cu	mg	0.023	1	--	0.001	0.003
Manganese, Mn	mg	0.482	1	--	0.020	0.063
Vitamins						
Vitamin C, total ascorbic acid	mg	0.0	--	--	0.0	0.0
Thiamin	mg	0.008	--	--	0.000	0.001
Riboflavin	mg	0.071	--	--	0.003	0.009
Niacin	mg	0.318	--	--	0.013	0.041

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 tsp 4.2g	1 tbsp 13g
Pantothenic acid	mg	0.026	--	--	0.001	0.003
Vitamin B-6	mg	0.019	--	--	0.001	0.002
Folate, total	μg	0	--	--	0	0
Folic acid	μg	0	--	--	0	0
Folate, food	μg	0	--	--	0	0
Folate, DFE	μg	0	--	--	0	0
Vitamin B-12	μg	0.00	--	--	0.00	0.00
Vitamin A, RAE	μg	0	--	--	0	0
Retinol	μg	0	--	--	0	0
Vitamin A, IU	IU	0	--	--	0	0
Vitamin D (D2 + D3)	μg	0.0	--	--	0.0	0.0
Vitamin D	IU	0	--	--	0	0
Lipids						
Fatty acids, total trans	g	0.000	--	--	0.000	0.000
Cholesterol	mg	0	--	--	0	0
Other						
Alcohol, ethyl	g	32.9	--	--	1.4	4.3